

Course Title: Trench Support (138)	
Duration: 2 Days	Certification: LASNTG Certification
Expiry Period: 5 Years	Award: Assessment Certificate

Aim of Programme:

The aim of this programme is to provide the learner with the required knowledge, skills and attitudes to work safely in excavations to the standards set in national legislation and HSA Guidelines.

Target Learner:

This training programme is for learners who will have worked with or have experience in Trench Support. Learners can be General Operative, All Outdoor, Engineer and Supervisor.

Learning Outcomes:

On completion of this programme, the learner will be able to:

- Describe the legislative background and national guidelines relevant to Trench Support Systems
- Recognise and list the hazards associated with excavations and associated works.
- Describe the structures of soils and understand how different soils can be affected as a result of excavation work and the other factors effecting stability.
- Describe and demonstrate the various controls to be used when working in excavations and carrying out associated works.
- Demonstrate the correct method of installation and removal of Trench Boxes and safely control movement of loads under their supervision.
- List the inspection criteria required for excavations and describe the inspection intervals and the records to be completed.
- Assess and complete safe systems of work plan for excavations and understand the controls required for the works.

Assessment:

There is **Theory** based examination which is a Classroom Exam and Standard Pass is 70% and the total duration is 20 minutes.

Also, two **Skills** demonstration with is Site Practical Exam and has Standard Pass of 100% and this total duration is 30 minutes, will be continuous throughout the programme.

Entry requirements:

- Applicants must be able to demonstrate a level of knowledge, skill and competence associated with Level 4 of the NFQ.
- Applicants must have reached the minimum requirement of a Valid Safe Pass Card or other Appropriate Construction Safety Training.
- A minimum of 6 months previous experience working in excavations is essential.
- Good colour vision and hearing.

Equipment the learner must bring to course:

- PPE – hi-vis jacket/vest, safety boots, hard hat, gloves, eye protection, ear defenders

Enquiries and Booking:

Please contact your local Regional Training Centre:

- Ballincollig: brtc@corkcoco.ie
- Ballycoolin: ballycoolintraining@fingal.ie
- Castlebar: crtc@mayococo.ie
- Roscrea: roscreartc@tipperarycoco.ie
- Stranorlar: stranorlartc@donegalcoco.ie

See www.lasntg.ie for further details

For more information please contact the Local Authority Services National Training Group.

T: 052 616 6260 | E: lasntg@tipperarycoco.ie | W: www.lasntg.ie

